

Registration for Women's Retreat March 8-10, 2019

Name _____ Phone _____ Email _____

Any dietary restrictions? _____

Are you willing to drive to the coast? _____ How many people can you take (including yourself)? _____

_____ My registration fee of \$160 is attached for a shared room/shared bed (no private rooms are available)
_____ I plan to stay over on Sunday night. I am including an additional \$30, for a total of \$190 (reserved in the order received)
_____ My roommate will be _____ (optional)
_____ I prefer a twin bed or futon if possible

Make checks payable to "Saint Mark Lutheran Church" and put "Women's Retreat" in the memo line

Payment and registration forms are due to the church office by **Sunday, March 3rd. SORRY, NO REFUNDS AFTER MARCH 3RD.**

To view more pictures of the home, please visit MeredithLodging.com for The Driftwood (alphabetical under "The Driftwood")



Saint Mark Lutheran Church

790 Marion St. NE

Salem OR 97301

503-588-0141

Twelfth Annual Women's Retreat



SAINT MARK
LUTHERAN CHURCH

March 8-10, 2019

"Finding
Joy"



Bella Beach, Oregon

“Finding Joy”

WEEKEND THEME

Most would say that they are seeking joy in their lives- but how can one find joy? This retreat will explore the concept of joy, which Archbishop Desmond Tutu has referred to as a by-product of other qualities of the mind and heart. We will explore what qualities lead to joy and consider how we can find it **in our daily life, in challenging times and through community.**

Come enjoy lively conversation, good food in a relaxing and beautiful setting. There will be time for walks on the beach, personal reflection, worship and lots of fun and laughter!

LOCATION



Bella Beach is a vacation rental community just north of Depoe Bay. We have rented two homes very near each other, which are fully furnished, with linens, towels and a fully-equipped kitchen where we will be preparing our own meals. Bring your bathing suit to enjoy the hot tub!

SCHEDULE

Friday, March 8th -

- 4:00pm—check in at Saint Mark
- 4:30pm—leave Salem
- 6:00pm—arrive Bella Beach
- 6:30pm—Dinner
- 7:30pm—Session 1: Encountering Joy
Through Community
- 8:30pm—Evening Prayer

Saturday, March 9th -

- 8:30am—Breakfast
- 9:30am—Morning Prayer: Discovering Joy
in Scripture
- 10:30am—Session 2: Finding Joy in Daily Life
- 12:00pm—Lunch
- 1:00pm—Session 3: Unearthing Joy
in Challenging Times
- 2:00pm—FREE TIME!
- 6:00pm—Dinner
- 7:00pm—Celebrating Joy in the Story;
Evening Prayer

Sunday, March 10th -

- 8:30am—Experiencing Joy through
Faith Practices
- 9:30am—Pack up the cars
- 10:00am—Brunch
- 11:00am—Eucharist: Realizing Joy
Through Worship
- 12:00pm—Sending; Leave whenever...

OUR FACILITATOR



Deb Mantey was consecrated in 1981 as a Lutheran deaconess. She has served two parishes in education, youth and evangelism ministries, and as congregational resource person for Augsburg Fortress and the Oregon Synod. She is currently the Outreach Coordinator at Saint Mark, where her husband, Charles, serves as pastor. They have two adult children, Nathan and Christina. Deb enjoys gardening and a good mystery.

REGISTRATION

\$160 for two nights; includes all meals.

2-4 women per room. Maximum of 22.

Registration deadline is March 3rd.

Each carpool driver will contact their passengers to make arrangements for driving to the coast. PLEASE CHECK WITH JUDY at <judylander@gmail.com> if you plan on driving over on your own.

No refunds after March 3rd.

ADDED BONUS! There will be 10 vacancies available for Sunday night for a \$30 additional charge. Accepted in the order received.