SUNDAYS AT SAINT MARK

Visit Online Worship

Join us at: YouTube, emailed to you and/or Saint Mark facebook page!

Worship (online)

Reformation Sunday
This year Reformation Sunday is October 25th. We will worship together via YouTube once again.

Gratitude Sunday!
Gratitude Sunday was October 18th. We hope you will take the time to continue giving Gratitude for all that God has given each of us. Then, prayerfully consider your gifts: emotionally, physically and monetarily that you wish to commit to Saint Mark during 2021. Fill out the pledge card that was included in the Gratitude mailing you received and return it in the envelope that was provided. If you did not get a pledge card, please call the church office and we will mail one to you.
Words of EnCOURAGement ...

October 17
Here is the link for this week’s Gratitude! Sunday worship:
https://youtu.be/g4u0CGoR7PM

Just a reminder to mail in your commitment cards this week.

Instead of a sermon, three short Gratitude Messages are offered. If you would like a full length sermon, here is a sermon from the chaplains at Emanuel Hospital in Portland, Pr. William DeLong and Pr. Jill Rowland on St. Luke which we commemorate on the 18th:
https://youtu.be/I0ZmSf1_iZk

October 20
Charles Dickens wrote in The Pickwick Papers:

A silent look of affection and regard when all other eyes are turned coldly away - the consciousness that we possess the sympathy and affection of one being when all others have deserted us - is a hold, a stay, a comfort, in the deepest affliction, which no wealth could purchase, or power bestow.

It is with sadness that I share the news that a long-time member of our congregation, Ken Palen, passed away yesterday. Please be in prayer for Margaret and family. A family graveside will be held at Willamette National Cemetery on Monday. Though we cannot be present to give a “silent look of affection” in these times, even a brief note gives comfort and assurance that we are not alone.

Be of good courage. Christ is with you.

Pr. Charles

GRATITUDE! HERE AND NOW
There is a calmness to life lived in gratitude, a quiet joy. Ralph H. Blum

Lord, lead us to a more grateful heart. Amen
GETTING TO KNOW:
Elizabeth (Liz) Mulkey
People of Saint Mark may recognize me as a second adult in the Kindergarten-Second grade classroom where Larissa Dozier is teacher, and my grandson, Kellan is a student. People probably don’t know that I jumped out of an airplane when I was in the Army and broke my back. Fortunately, I can still ride my horse!

The pandemic has shown me what amazing heroes the front-line workers are; they risk their own safety for the well-being of others.

Nicholas, Kellan and I appreciate very much how Saint Mark has welcomed us and worked so hard to keep the community of the church alive and strong during this time when we cannot be physically together.

Nicholas Morley
People at Saint Mark may recognize me as going to the worship with my mom, Liz Mulkey and my nephew, Kellan Sutter (featured last week). They may hear and see me walking around sometimes during the 11:00 service. They may not know that I have autism, or that I am a great swimmer. I love the beach.

The pandemic has shown me that I can't go swimming at public pools, so I had to get my own pool, which I love. I miss eating in restaurants.

Synod Assembly On-Line
This year’s Oregon Synod Assembly will be on-line via Zoom on Friday and Saturday, November 6 & 7. Representing Saint Mark along with Pastor Charles will be Barbara Schnabel, Mike Conley and Geri Hall-Conley.

Journey of Faith: Come & See
If you would like to learn more about Journey of Faith, there will be Come & See sessions on Sunday: October 25 or November 8 at 1:00 p.m. via Zoom. During these sessions you can ask questions and explore the many facets of Christian faith as well as learn about the Journey of Faith process is about. If you are interested in joining us, please email Pastor Charles Mantey at pastorcharles@stmarksalem.org for a link to the Zoom meeting. Bring your questions. Come & See.
**Kitchen Coordinator**

Welcome to Suzanne Suess as our new Fellowship Hall Kitchen Coordinator. She will be inventorying supplies, purchasing items and possibly reorganizing the kitchens. Please let her know of any needs, concerns or willingness to help out. We are sure she would enjoy meeting new faces and having a cadre of helpers! Having her husband, Rick, as the Property Chairman may have some side benefits!

**Embracing One Another in Prayer**

- **Morning Lighting of the EnCOURAGEment Candle**
- **Evening Lighting of the Gratitude Candle**

At this time when we are physically apart from one another, as we are able and willing, pause to light a candle (battery-powered or flame) and be quietly in prayer.
- In the morning, meditate on the Light of EnCOURAGEment, perhaps focusing on a Scripture verse or a word or a hymn that uplifts our spirit.
- In the evening, meditate on the Light of Gratitude, reflecting on our day and its blessings. May this simple act of lighting candles help us connect with God, with one another; and unite us in hope, joy and peace.

**Suggested Verse for Meditation:**  Psalm 56:13

13 For you have delivered my soul from death, and my feet from falling, so that I may walk before God in the light of life.
GRATITUDE!
He has shown you, O mortal, what is good. And what does the LORD require of you?
To act justly and to love mercy and to walk humbly with your God. Micah 6:8 NIV

Daily Blessings/Reflections
- Today I am grateful for...
- Today I ask God...

Sunday:

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Saturday:
How To Zoom
In order to participate you have to download onto your computer, tablet or smart phone the Zoom app. To participate simply sign up - https://zoom.us/signup and email Pastor Charles that you would like an invitation. Pastor Charles will send out an email that includes an invite with a link. You might want to give it a try before hand so you know your camera and microphone are working. Try this: https://support.zoom.us/hc/en-us/articles/360000163266-Test-Zoom-Room-Setup

Amazon.SMILE
Saint Mark is now on Amazon.Smile! Use https://smile.amazon.com/ch/93-0417819 to help us with donations! Use your own Amazon account but when you check out, look to see if you can donate to your favorite charitable organization ... US! Thank you in advance for any donations that might come our way (only some items you purchase will apply!).

Church Staff E-mail
Pastor Charles Mantey
pastorcharles@stmarksalem.org

Theresa Sawtell-Davie
Parish Administrator
office@stmarksalem.org

Melonie Watson
Director – Child Development Center
cdc@stmarksalem.org

Deaconess Deb Mantey
Outreach Coordinator
outreach@stmarksalem.org

Judy Linder
Choir Director
choirdirector@stmarksalem.org

Susan Johnson
Organist
organist@stmarksalem.org

Chris Bjork
Maintenance
maintenance@stmarksalem.org

Peter Hoelter
Web Page Coordinator
webcoordinator@stmarksalem.org

On the Web:
stmarksalem.org

Welcoming
ALL IN CHRIST

Journeying
TOGETHER IN FAITH

Reaching
OUT IN SERVICE